The King's High Way Ministries PLAIN AND SIMPLE SERIES



# HOW TO LET GO AND LET GOD

**By Nancy Missler** 

# **Bible Study Questions**



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Page 1 of 1 Group Study Homework – The Key – by Nancy Missler The King's High Way Ministries <u>http://www.kingshighway.org</u> **Bible Study:** "The Key" by Nancy Missler **Homework Book Text:** Chapter 1, pages 9-28

#### **QUESTIONS:**

**1a.** As a Christian, we have God's *Agape* Love in us, but we have to set our \_\_\_\_\_\_ aside so He can love "His love" in us.

**1b.** What does it *mean* to set our \_\_\_\_\_\_ aside?

2. List 10 characteristics of "self:"



3. What are the 3 choices we can make as we respond to hurt and pain?

1.	
2.	
3.	

4. What does the word, "Christian" mean? (Use at least one dictionary and one Bible reference for your answer.)

5a. The reason we need to be the first to change (in any situation) is because our \_\_\_\_\_\_

5b \_\_\_\_\_\_ of our selves is the key to the Christian walk.

6. List the 4 major characteristics of God's Love:

1.\_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_

7. List the 4 major characteristics of human love:

1.	 	
2.		
3.		
4.		

8. When we truly learn to love God deep in our hearts, He begins the process of removing the "gunk" in our hearts. List at least 3 things you need to allow God to remove from your heart. Be honest with yourself. (These may be too personal to share with the group. This is optional.)

9. "Pray without ceasing." 1 Thessalonians 5:17

This verse illustrates Paul's admonishment to "pray unceasingly." When we speak to God and petition Him to help us clean the "grease" out of hearts, we must realize this is not a "one time" request. Our efforts need to be "unceasing" as we travel through the process God plans for each of us to be rid of the grease in our hearts forever.

Find the definition for "unceasingly" and at least 3 synonyms for it. List your answers below.

1.	 _
2.	 _
3.	 _

10. What are the 2 greatest commandments?

**Bible Study:** "The Key" by Nancy Missler **Homework Book Text:** Chapter 2, pages 29-51

#### **QUESTIONS:**

1. Being an open and cleansed vessel is needed so that \_\_\_\_\_

2. What are the 4 attitudes we need to have "on" daily to keep us willing and open to Christ?

1.	<u></u>	
2.		
3.		
4.		

3. "The only way we can keep showing forth God's Life in the midst of our trials is if we are \_\_\_\_\_\_.

4a. What is the first attitude we must have "on" each day?

4b. Write out Psalm 19:12-14 below:

What 2 things is David asking God to search him for and cleanse him from?

1	
2	
What 2 things is David asking God to find acceptable?	
1	

2. \_\_\_\_\_

5a. What is the foundation of our walk with God?

5b. What enables us to daily present our bodies as living sacrifices?

5c. Do you know that God loves you?

6. What is the second attitude we must have "on" each day?

7. List 5 thoughts, emotions, and desires that are contrary to what God wants in *your* life. (internal things you struggle with letting go of.)

Thoughts:	<b>Emotions:</b>	<b>Desires:</b>
1	1	1
2	2	.2
3	.3	.3
4	4	4
5	5	5

8. What is the third attitude we must have "on" each day?

9a. Read Philippians 2:5-8. Find a Bible character, (old or new testament) who was "*obedient unto death*." Name them below:

9b. Fill in the following information about them:

Where did they live?
What time period did they live in?
How did they serve God?
How did they die?

10. Read Hebrews 12:1-13. Being "*obedient unto death*" as Jesus and the Bible Character you described above were is an extreme example. "*Ye have not yet resisted unto blood*."

List 3 things that would be so difficult to do for the Lord, that you would have to "die to self" to do them.

11. What is the fourth attitude we must have "on" each day?

12. Why are our thoughts so important?

**Bible Study:** "The Key" by Nancy Missler **Homework Book Text:** Chapter 3, pages 53-72

# **QUESTIONS:**

1a. Read the entire chapter of 2 Corinthians 10. (version of your choice)

1b. Now read verse 6 from "The Message" version:

"Our tools are ready at hand for clearing the ground of every obstruction and building lives of obedience into maturity."

In the box below, draw a picture of what verse 6 means to you.

2. What are the 4 essential steps that we must take each time we quench God's spirit?

1.	 	
2.		
3.		
4.		

3. Define "quench" using one regular reference source and one Biblical reference source.

4a. What is the first *essential* step in order to be a cleansed vessel for God's use?

4b. Wł compa	nich Inner Court ritual, mentioned in your book, does this first step re to?
4c. Wł	hat were the lavers made of?
to	. This allowed the priest washing his hands

5. What must we ask God to do in order that wrong emotions and feelings can be rid of without coming back?

6. If we are honest with ourselves about ungodly emotions and feelings, why do we have to confess them to God is He already knows what they are?

7. Experiencing our emotions helps us to \_\_\_\_\_

\_\_\_\_\_ and helps us \_\_\_\_\_

8a. Read Matthew 12:33-35. Write verse 34 below:

8b. Now read Psalm 39:3. Write it below:

Do you see from these 2 verses why we must be "cleansed vessels?" This first essential step, recognizing what we must give over to God, will help us to rid ourselves of the root causes of ungodly emotions that can drive our actions and temperament.

9. What are the 3 choices Christians have in response to negative thoughts and emotions:

1	 	 
_		
3.		

10. Allowing God to expose our sin so we can recognize it and let it go for good can be painful. But God has a better plan for us.

Place your name in the blanks below:

"Come now, \_\_\_\_\_, and let us **reason** together, saith the LORD: though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool.

\_\_\_\_\_, if ye be willing and obedient, ye shall eat the good of the land:"

Isaiah 1:18, 19

**Bible Study:** "The Key" by Nancy Missler **Homework Book Text:** Chapter 4, pages 72-87

# **QUESTIONS:**

1. What is the second *essential* step in order to be a cleansed vessel for God's use?

2a. What does it mean to "confess" your sin?

2b. What does it mean to repent?

3. Think of an area in your life that you are struggling to conquer or be rid of. What is the most important step to being free of this issue permanently?

4. What are the 2 parts of forgiveness?

5. How can we genuinely love people that have hurt us?

6. What must we do to allow our hurt feelings to heal?

7a. Write Matthew 18: 21-22 below:

How many times should we forgive someone who has hurt us?

7b. Using the chart below, keep track of how many times in one day you forgive someone (can be one or more people). Now, multiply that amount by 490 (seventy times seven). The point being, forgiveness is so crucial to our relationship with people and the Lord, that He wants us to be able to forgive without measure!

DATE:	Person you Forgave	How Many Times?	Total
		TOTAL	
		<b>x 490</b> =	

8. If you are at fault in a situation, you should:

If the other person is at fault, you should:

9. We need to walk by \_\_\_\_\_, not by

•

10. Choose one person that you have not forgiven in a situation, or has not sought to offer reconciliation. Take what you have read in this chapter and *truly* forgive them. Give it to God!

ps: On page 86 of your book, Nancy suggests writing out verses on forgiveness on 3x5 index cards to help you remember to forgive. You may want to try this as we explore these principles. **Bible Study:** "The Key" by Nancy Missler **Homework Book Text:** Chapter 5, pages 89-100

# **QUESTIONS:**

1. What is the third *essential* step in order to be a cleansed vessel for God's use?

2. Read the paragraph on page 93 titled "Do Something Physical." Using the examples, come up with your own way to "physically" rid yourself of things that are not of God. Then put it into use! Be creative. 8^)

Write your method below to share with the group.

3. Making choices by faith instead of feelings doesn't always bring healing and freedom immediately. As the story about "Rose" in this chapter, there is no guarantee of how long it will take for feelings to align with "faith choices."

List 3 incidences below where you made a faith choice to do the right thing, but it took a period of time for your feelings to align with that choice. You do not have to share the incidents, but do share the time frame with the group.

1				
ima it took to				
ime it took to		lis issue	 	
2			 	 
ime it took to	be free of th	ic iccue.		

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3		 	 
	to be free of th		

"The LORD is good unto them that wait for him, to the soul that seeketh him. It is good that a man should both hope and quietly wait for the salvation of the LORD." Lamentations 3:26

4. What 5 ways can you know that the voice you here in your mind is from God?

1	 	 	
2			
3.			

4	 	 	
5	 	 	

6. What are the 2 sources of thoughts that are not from God?

7. When negative, self-centered things surface and we recognize them—what 2 choices do we have?

8. What are some of the ways Satan uses to prompt unrest and doubt in your mind and life?

9. What are the 3 main tactics of Satan?

1	 	 	
2.			
3.			

10. List 5 verses below that will help you to resist the temptations and lies of Satan. Choice at least 2 to write on index cards for memory and encouragement.

1.

2.

3.

4.

5.

"Thy word have I hid in mine heart, that I might not sin against thee." Psalm 119:11

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# **QUESTIONS:**

1. What is the fourth *essential* step in order to be a cleansed vessel for God's use?

2. What was the purpose of the Molten Sea?

3. Read 2 Chronicles 4:1-10. In verse 6 we learn the Molten Sea was for the priests to wash in. In order to enter the Temple, the priests had to wash themselves with water.

a. What is "washing" a picture of? [read John 13:3-11 and 15:3 and Ephesians 5:26]

b. What does the water represent?

c. What does this teach us about how we should approach the presence of God?

4. After learning these four essential steps, how will they help you in your walk as a Christian?

5. Read Hebrews 10:22. Using each on of the four essential steps, think of a situation you may face where you could put these steps to use. Write your answers below for each step:

1:

2.

3.

4.

6. Why should we praise God?

7. Research one verse that summarizes the first *essential* step in order to be a cleansed vessel for God's use. Write it below:

8. Research one verse that summarizes the second *essential* step in order to be a cleansed vessel for God's use. Write it below:

9. Research one verse that summarizes the third *essential* step in order to be a cleansed vessel for God's use. Write it below:

10. Research one verse that summarizes the fourth *essential* step in order to be a cleansed vessel for God's use. Write it below:

**Bible Study:** "The Key" by Nancy Missler **Homework Book Text:** Chapter 7, pages 110-122

## **QUESTIONS:**

1. Review the 4 essential steps. Read them over and find a way to either memorize them or keep them with you for reference.

2. Go through the "Survival Kit Prayer" on pages 119-122. Use the space below to "rewrite" this prayer so that it works for you. (continue on back if needed) You may want to type it up and have it in several places for times you need it. Keep it in your kitchen, car, purse, Bible . . .

3. What is the "Key" to walking in the love, wisdom, and power of Jesus?

4. What does it mean to love God?

5. What is the ultimate purpose for a being a Christian?

6. What is abundant life?

7a. Write Matthew 22:36-40 below:

7b. Think about this question: Are you able to set yourself aside, in all things, so God's Love can inhabit your heart and overflow from you?

8. Do you have Jesus residing in your heart?

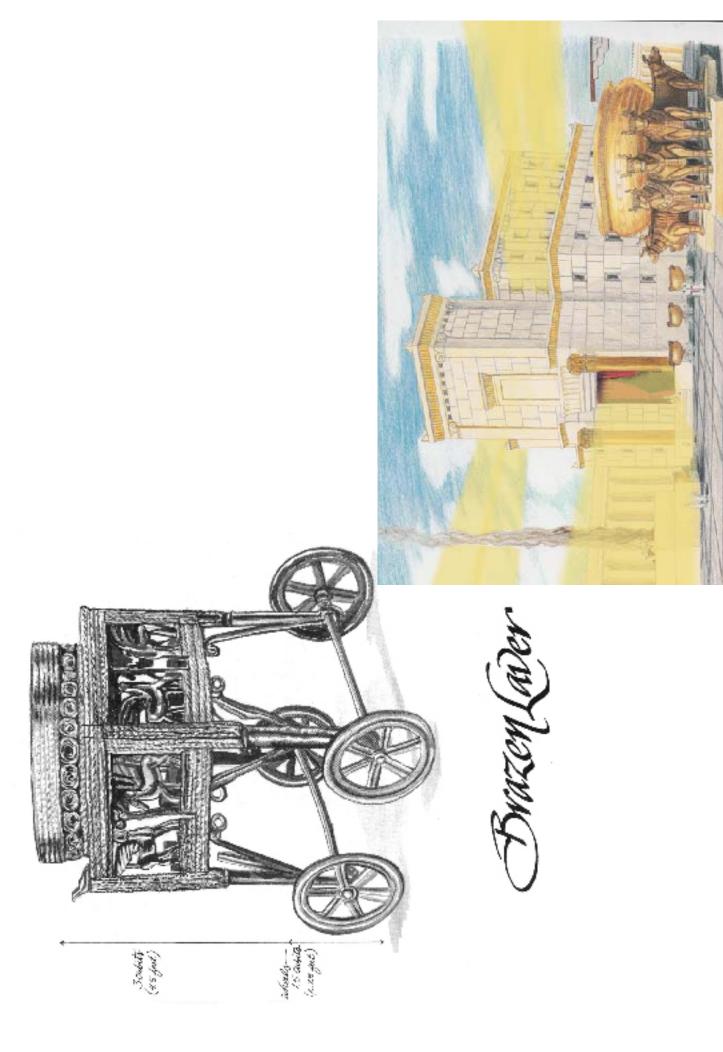
9. Do you know God loves you?

10. If you answered yes to the above question, and you know God loves you, do you then love yourself?

Remember, God's love is in you after you accept His son Jesus into your heart. God loves you through His love in you. In order to love others, you need to love yourself and accept yourself as a child of God!

"If, however, you are fulfilling the royal law according to the Scripture, "YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF," you are doing well." James 2:8

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